

Ever want to **refresh your menu**, but not sure if you can get enough use out of one product? Try these or other inspiring recipes for using every part of your Forever Oceans™ Fish.

**LOIN:**

Great for grilling, searing or sliced raw.

Scan Code for **Ceviche** recipe

**TAIL:**

Grilled or seared, a versatile portion size.

Scan Code for **Jicama Salad** recipe

Scan Code for **Recipes**



**HEAD:**

Dense in flavor and hidden meat, utilized often in global cuisine recipes.

Scan Code for **Fun Fish Taco** recipe



**COLLAR:**

Grilled, roasted or smoked, a highly flavored treat.

Scan Code for **Collars with Garlic & Ginger Sauce** recipe



**BELLY:**

Rich in fat, excellent for poke or ceviche.

Scan Code for **Dynamite Poke** recipe



**FOREVER OCEANS**

Sustainably Delicious.

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